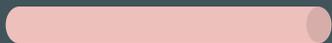




MELROSE
PARK OSHC
BLOG

TERM 1 WEEK 6



DEAR PARENTS

This week marks the start of our fire and lock down drills for the year. These drills hope to prepare and familiarise both staff and children to follow procedures quickly, effectively and safely during an emergency. If you would like to know how these procedures are implemented at OSHC please come and chat to one of our friendly staff members.



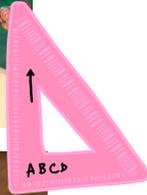
OUR WEEK AT OSHC

Monday morning started with water colour painting. The children were able to experiment with the colours with no finished project in mind. We started out with a small amount of water, as the children learnt that you could always add more. As the activity continued, many of the children discovered that the colours would start to dry lighter. To make them darker the children tested various methods and found that using the colours straight from the paint pallets without using an extra water was the best option to increase the colour intensity. Outdoor play was additionally offered to the children where they enjoyed playing on the equipment, oval and courts.

The afternoon was spent colouring in and painting using stencils. This was an enjoyable activity for those wanting to escape the heat of the afternoon. Rather than typical colouring in and painting we introduced a fun art tool for them to use... stencils. Tracing the stencils helps improve the children's fine motor skills, which can aid them with other tasks such as writing. This activity utilised the children's fine motor skills, increasing the use of small muscles in the hands, fingers and wrists. It helps children to manoeuvre vertical, horizontal and circular strokes, learning to form shapes, letters and numbers.

Tuesday morning the children created friendship bracelets. The children had a variety of beads and coloured string to choose from in which their fine motor skills were utilised to thread individual beads. Many were challenged with making the bracelet and then the beads all falling off. With crafts like this, the children are learning that mistakes happen and patience is required in order to get the satisfaction and confidence that comes with being persistent and making something with their own hands.

The afternoon was spent getting messy and creative with clay. The children moulded bowls out of the clay and added beads for decoration. Clay is known to be one of the most effective art mediums for children to discover and develop their creative learning skills. It was a great sensory activity for the children to engage in where the therapeutic benefits of clay settle and calm children.

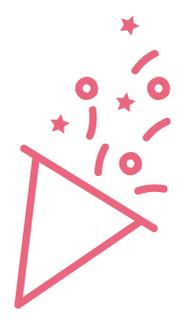


Wednesday morning the children created name cards on black paper. In order for their letters to stand out neon paint, glitter glue and glow in the dark paints were used. Many of the children chose to firstly create a standout background and would therefore put various paint drops on the paper and then smudge it across. This would then create a galaxy style pattern. Names were then written on top of the backgrounds and decorated. The children stated that once the paint was dry they would like to take them home and hang them on their bedroom doors. The afternoon was spent creating beading templates. The children would first chose the template in which they would like to create their design. Love hearts, squares, circles, flowers and dolphins were the most popular among the children. Many would firstly plan how they wanted their design to look and chose their beads. This activity assists in developing the childrens fine motor control and planning skills.

Thursday morning consisted of glitter madness. Using everything glitter the children designed and created their very own glitter creations. Many chose to create patterns with glitter glue pens and then place glitter on top of that. The OSHC handball competition continued on this morning with children registering their name if they would like to participate. In rounds the children would compete against one another until a winner was found. We would like to congratulate Saahil on his winnings.

The afternoon was spent engaging in another weekly cultural cooking experience. This week we embraced the Croatian culture with a recipe provided by Tash and Marcus. Palačinke is one of the most popular desserts in Croatia similar to a crepe. The children enjoyed collaboratively mixing all the ingredients together and following the recipe step by step. The end resulted in a delicious crepe style pancake filled with jam and other spreads.

Friday morning the children created animal figures out of paddle pop sticks. Fish were created using the children's hand print which was cut out. Lips were then cut out in the shape of a love heart. Google eyes and sequins were then added for extra design. Stick farm animals were then created using paddle pop sticks, goggle eyes and buttons. Animals such as pig, roosters, tigers and horses were created.



The afternoon was spent making snowflake decorations using paper pop sticks. The children firstly selected the colour sticks they would like and they were then glued together to create the snowflake shape. Then the fun part began.. it was time to decorate. We used all different kind of decorations including glitter, sequins and pom poms.



Go TEAM



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Palacinke

Ingredients

- 1L of milk
- 2 eggs
- 1 teaspoon of sugar
- 1 teaspoon of salt
- 1/2 spoon of lemon juice
- 1 teaspoon of vanilla essence
- 1 scoop of self raising flour
- 2 1/2 scoops of plain flour

Instructions

1. All you need to do is mix all of the above ingredients until you have a runny batter. Make sure to break apart any granules, for a smooth consistency.
2. Grease a crepe pan (or regular frying pan) with oil or melted butter. 3. Pour some batter onto the pan when the pan is hot.
3. Wait until bubbles form this means the crepe is ready to flip. You can verify this by trying to lift a corner of the crepe off the pan with knife. If it sticks, give it a few more seconds. Keep in mind that the crepes will cook faster the longer you use the pan because it's getting increasingly hotter. The crepe should only need a few seconds of cooking once its been cooked. You want the crepe to be a golden .

