

Melrose Park OSHC weekly program

Date: 27/2 -3/3

|                                                  | MONDAY                                                                                                                                           | TUESDAY                    | WEDNESDAY                | THURSDAY                         | FRIDAY                           |
|--------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|--------------------------|----------------------------------|----------------------------------|
| 7:00AM – 8:15AM                                  | <b>Breakfast - SELECTION OF CEREALS, TOAST (WITH SPREADS), OATS</b>                                                                              |                            |                          |                                  |                                  |
| 7:00AM – 8:25AM<br>Indoor activity               | Connector cubes                                                                                                                                  | Floor puzzle               | Twister dance            | Lego<br>(31)                     | Marble Run                       |
| Craft                                            | Loombands                                                                                                                                        | Oragami                    | Playdough                | Making bookmarks                 | Beading                          |
| 8:25AM-8:40AM<br>Pack away and roll call<br>game | Simon says                                                                                                                                       | Grandma's underpants       | Museum                   | The quiet game                   | Heads down thumbs<br>up          |
| <b>AFTERNOON</b>                                 |                                                                                                                                                  |                            |                          |                                  |                                  |
| 3:00PM – 3:15PM                                  | Roll call: Including roll call notices/discussions                                                                                               |                            |                          |                                  |                                  |
| 3:15PM – 3:30PM                                  | Afternoon tea: Selection of varied nutritious afternoon tea ideas and water to drink                                                             |                            |                          |                                  |                                  |
| 3:30PM-5:45PM                                    | Programmed afternoon actives<br>Homework is completed every afternoon<br>Children also have the opportunity to choose their own activities daily |                            |                          |                                  |                                  |
| Outdoor                                          | Using the bug<br>catchers                                                                                                                        | Golf                       | Health Hustle<br>(25,26) | Cricket                          | Equipment                        |
| Indoor                                           | Connect four                                                                                                                                     | Bowling                    | Lego                     | Ello<br>(70)                     | Kitchen play                     |
| Craft                                            | Making frogs                                                                                                                                     | Glitter Craft              | Family Tree              | Pokemon Craft<br>(2,34,52,62,65) | Making Hank from<br>finding Dory |
| Children's choice                                | Bowling                                                                                                                                          | Mastermind                 | Game of life             | Trick Sticks                     | Tent play                        |
| 5:45pm - Pack away                               | Bop it                                                                                                                                           | What's the time Mr<br>wolf | Work out dice            | Musical statues                  | The quiet game                   |