

## MELROSE PARK OSHC PROGRAM






### WEEK 2 TERM 3 2013

#### BEFORE SCHOOL CARE

|                    | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--------------------|--|---|---|--|--|
| <b>7AM- 8AM</b>    | <b>BREAKFAST:<br/>SELECTION OF CEREALS, TOAST (WITH SPREADS), DRIED FRUIT, MILO AND MILK TO DRINK.</b> |   |   |  |  |
| <b>7AM – 825AM</b> | Guess who<br>Card games<br><br>Playdough<br><br>Basketball   | Uno Spin<br>Candyland<br><br>Beading<br><br>New Equipment | Hungry Dino<br>Trouble<br><br>Make a face<br><br>Shooting hoops | Uno<br>Wally the whale<br><br>Colouring in<br><br>Basketball | Connect four<br>Go fish<br><br>Construction<br>sticks<br><br>Equipment |
| <b>825-830 AM</b>  | <b>Pack up</b>   |   |   |  |  |
| <b>8:30-8:35AM</b> | <b>Roll Call: Including Roll Call Notices / Discussions</b>  |   |   |  |  |
| <b>8:35-8:40AM</b> | <b>ROLL CALL GAME:</b><br><br>I SPY  | <b>ROLL CALL GAME:</b><br><br>Charades                    | <b>ROLL CALL GAME:</b><br><br>Sleeping Tigers                   | <b>ROLL CALL GAME:</b><br><br>Grandma's Underpants           | <b>ROLL CALL GAME:</b><br><br>Who am I                                 |

Follow up Activity -

Follow up Activity -

- 
-  Indoor activities
  -  Outdoor activities
  -  Art and Craft
  -  Active after school sports
  -  Routine

## MELROSE PARK OSHC PROGRAM

### WEEK 2 TERM 3 2013

#### AFTER SCHOOL CARE

|  |  |   |  |  |   |
|--|--|---|--|--|---|
| <b>3:00-3:10 PM</b>                      | <b>Roll Call: Including Roll Call Notices / Discussions</b>  |   |  |  |   |
| <b>3:10-3:30 PM</b>                      | <b>Afternoon tea:<br/>SELECTION OF varied nutritious afternoon tea ideas and water TO DRINK.</b>                   |   |  |  |   |
| <b>3:30-4:45 PM</b>                      | <b>PROGRAMMED AFTERNOON ACTIVITES<br/>Children also have the opportunity to choose their own activities daily.</b> |   |  |  |   |
| <b>FIELD</b>                             | Marco Polo   | Obstacle course   | Active after school sports -   | Soccer   | Active after school sports –  |
| <b>OUTDOOR</b>                           | Equipment  | Handball  | Gymnastics   | Equipment  | Multi skill   |
| <b>CRAFT<br/>(DECK OR SILVER TABLES)</b> | Playdough with Pirates   | Make a Kazoo  | Sponge painting  | Butterfly Mosaic   | Beading   |
| <b>4:45- 5:00 PM</b>                     | <b>OUTDOOR PACK UP</b>   |   |  |  |   |
| <b>5:00- 5:30 PM</b>                     | Homework & home readers with the teachers<br><br>Monopoly<br>Candyland<br>Lego                                     | Homework & home readers with the teachers<br><br>Cluedo<br>Computer<br>Doll house | Homework & home readers with the teachers<br><br>Guess who<br>Lego<br>Cars | Homework & home readers with the teachers<br><br>Uno spin<br>Noughts and crosses | Homework & home readers with the teachers<br><br>Dolls and Prams<br>Play food |
| <b>5:30-5:40PM</b>                       | <b>INDOOR PACK UP</b>  |   |  |  |   |
| <b>5:40-6:00PM</b>                       | <b>LATE GAME:</b><br><br>Museum  | <b>LATE GAME:</b><br><br>Twister  | <b>LATE GAME:</b><br><br>Noughts and Crosses                               | <b>LATE GAME:</b><br><br>I spy   | <b>LATE GAME:</b><br><br>Headbands  |

Follow up Activity -

Follow up Activity -



Indoor activities



Active after school sports



Outdoor activities



Routine



Art and Craft